

A HAPPY MOUTH IS... a basic human right

RAISE AWARENESS OF THE
MOUTH-BODY-MIND CONNECTION



World Oral
Health Day
20 March

worldoralhealthday.org

#WOHD25

#HappyMouth



A HAPPY MOUTH IS... a happy mind

Oral health has often been isolated within health systems in many countries, separating the mouth from the rest of the body.

What happens in your mouth can affect your overall physical and mental well-being, and vice versa.

That's why it is crucial to ensure that oral health is a key component of universal health coverage and is integrated more firmly into the broader non-communicable diseases agenda.

CANCER

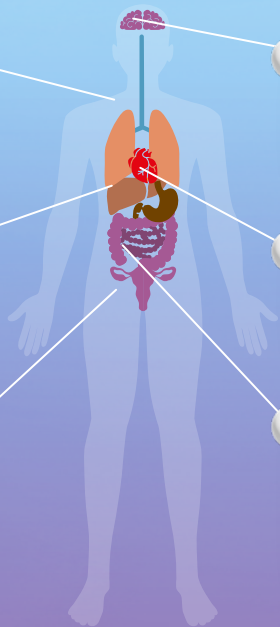
Gum disease (periodontitis) and tooth loss have been associated with certain types of cancer.

CARDIOVASCULAR DISEASES

Poor oral health and untreated oral diseases are associated with heart diseases and an increased risk of stroke.

PREGNANCY COMPLICATIONS

Gum disease has been linked to low birth weight, preterm birth and pre-eclampsia.



DEMENTIA

The pathogens related to gum infection have been linked to the development of Alzheimer's Disease.

RESPIRATORY DISEASES

Dental infections have been associated with a higher risk of pneumonia, especially in the elderly.

TYPE 2 DIABETES

Gum disease is a significant risk factor for Type 2 diabetes, adverse diabetes outcomes and poor diabetes control. Successful treatment of gum disease improves diabetes control and reduces adverse outcomes.

For more information and support:
fdiworlddental.org/whole-body-health

