

BRUSH TWICE, SMILE EVERY DAY

TICK OFF A TOOTH EACH TIME YOU BRUSH
FOR 2 MINUTES WITH FLUORIDE TOOTHPASTE.

AM = AFTER YOU WAKE UP
PM = BEFORE YOU GO TO BED



WEEK 1

WEEK 2

WEEK 3

WEEK 4

MON



TUE



WED



THU



FRI



SAT



SUN



World Oral
Health Day
20 March



EVERYONE,
EVERYWHERE
IS INVITED
TO JOIN US

#GENERATIONSMILE
#WOHD27

WORLDORALHEALTHDAY.ORG



KEEP BRUSHING.
KEEP SMILING!



BRUSHING CHAMPION!



THIS CERTIFIES THAT

HAS DONE A FANTASTIC JOB BRUSHING
TWICE A DAY WITH FLUORIDE TOOTHPASTE!



World Oral
Health Day
20 March



FDI World Dental Federation

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